



Course title: Z755 Tiny dancer

Date: 4 June – 9 July

Time: 1pm – 2pm

Number of Sessions: 6

Fee – full: £20.00

Fee – concession: £20.00

Tutor: Alison Bacon

Summary Description: A fun and friendly dance class specially designed for children under 4 years and their parents / carers. Dance, move, sing and play together, using all kinds of music and props, including the popular 'stretchy band' (provided). No special equipment or clothing necessary.

Detailed Description: A fun class for children aged under 4 years and their parents/carers using traditional nursery rhymes, popular party favourites and anything else requested.

There's a common core of very short routines which we will work on during each session with a good mixture of other routines, movements and games, using scarves and the very popular stretchy band!

It's not just dancing but a bit of a sing-song too, if you know the words.

Objectives/Outcomes:

- Had a fun time
- Boogied to all kinds of music
- Not realised how much exercise they were doing
- Met some new people
- Built their confidence